

Guide to Building Your ATD26 Schedule (Without Overloading It)

Building your schedule isn't about filling every time slot. It's about making intentional choices that support what you need most right now.

Step 1: Set Your Intention

Before you open the agenda, pause for 60 seconds. Ask yourself:

- When I leave ATD26, what do I hope will be different?
- What would make me say, "That was worth it"?
- Am I here to grow my skills? Build my network? Find solutions? Get inspired?

Clarity makes scheduling easier. When you know your purpose, it becomes simpler to say yes—and just as important—to say no.

Step 2: Start With the Big Picture

When you click the Agenda button, you'll see the full scope of sessions and other offerings available to you at ATD26.

Instead of immediately adding sessions, take a few minutes to scan:

- Keynotes and major moments
- Education sessions
- Learning Stages
- Networking opportunities

EXPO hours

Look for balance. A great schedule usually includes a mix of:

- Learning
- Connection
- Exploration
- Breathing room

Step 3: Use Filters to Focus

The search bar and filters are your best planning tools.

You can filter by:

- Attendee Approach

- Session type
- Tracks
- Sub-Track

If you've already chosen your approach (Grow My Career & Skills, Build My Network, and Find Solutions, to name a few), filter by that first. It narrows the field and keeps your goals front and center.

When you find a session that aligns, click the "Add to Schedule" icon to save it.

Step 4: Personalize and Review

Click the arrow next to your profile and select My Schedule to see your personal agenda come together.

This is where strategy matters.

Ask yourself:

- Do I have back-to-back sessions with no reflection time?
- Have I left space for the EXPO?
- Did I schedule at least one opportunity to connect with others?
- Is there room for spontaneity?

You can also visit My Bookmarks to review the sessions saved, sponsors, exhibitors, and confirmed meetings.

Your schedule should feel purposeful—not overwhelming.

Step 5: Make It Work for You

Once you're confident in your plan, you can:

- Export your schedule to your calendar.
- Download a PDF version (please note: the agenda is subject to change.).
- Adjust at any time as your priorities shift.

Remember: your schedule isn't locked in. ATD26 is dynamic—and your experience can be, too.

A Final Thought. The best conference schedules aren't packed.

They're intentional.

Choose sessions that move you forward. Leave space for conversations you didn't plan. Protect time to think.

Build a schedule that supports your goals—not one that exhausts you.