

## **Grow My Career & Skills**

This motivation is about investing in yourself—with intention.

Attending ATD26 to learn, grow, and hear from people who understand the realities of L&D work? If you're focused on building skills for your current role—or thinking ahead to your next one—this motivation can help you make intentional choices about where to spend your time.

By following this motivation, you'll leave with:

- Clearer direction for your next career step.
- Updated tools (resume, headshot, portfolio).
- Insight into where to invest your learning next.

### **Before You Arrive**

- Clarify what growth means to you *right now*—a new role, deeper expertise, or future-proofing your skills.
- Much of this year's program is about individual skills building, so use our tracks and sub-tracks to search for sessions that speak to your needs. Download our [Guide for Building Your Schedule](#) to learn more.
- Review the program to identify traditional education sessions, other offerings, and coaching opportunities taking place in ATD Commons that align with your goals. Use the filter "Grow My Career & Skills" to easily find the sessions we've curated for you.
- Update your profile in the ATD26 virtual platform and mobile app, so your experience and interests are visible to others.

### **During the Event**

Attend career-focused, skill-building sessions that stretch your thinking and build practical capabilities.

- Visit ATD Commons and make an appointment for coaching, resume guidance, and conversations about where your career could go next.
- Take a headshot in the Headshot Lounge (located in the EXPO).
- Take notes with action in mind—what can you apply in the next 30, 60, or 90 days?

### **After You Leave**

- Turn coaching insights and session takeaways into a clear action plan.
- Follow up with the people you met who can support your growth and thinking.

- Put at least one new skill or idea into practice right away to keep the momentum going.